
 **The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the monthly premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.fideliscare.org](http://www.fideliscare.org) or call 1-888-FIDELIS (1-888-343-3547). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at [www.fideliscare.org](http://www.fideliscare.org) or call 1-888-FIDELIS (1-888-343-3547) to request a copy.

| Important Questions   | Answers   | Why This Matters:  |
|---|---|--|
| <b>What is the overall <u>deductible</u>?</b>                             | <b>\$4,700 individual / \$9,400 Family</b>  | You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1 <sup>st</sup> ). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .   |
| <b>Are there services covered before you meet your <u>deductible</u>?</b> | Yes – Preventive care and 3 visits (any combination of PCP, specialist, allergy, second opinion, ABA treatment, BH/SA) in a year are covered before the deductible. | This plan covers some items and services even if you haven't yet met the deductible amount. Copayments or coinsurance may still apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at: <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> |
| <b>Are there other <u>deductibles</u> for specific services?</b>          | No.   | You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers  |
| <b>What is the <u>out-of-pocket limit</u> for this plan?</b>              | <b>\$8,550 individual / \$17,100 family</b>   | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.   |
| <b>What is not included in the <u>out-of-pocket limit</u>?</b>            | Premiums, balance-billed charges, and health care this plan doesn't cover   | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .   |
| <b>Will you pay less if you use a <u>network provider</u>?</b>            | Yes – This plan does not cover most services provided out of network  | It is important to make sure your provider is in-network, otherwise your claim might not be covered. This plan covers emergency services out of network.   |

|  |    |   |
|--|----|---|
| <b>Do you need a <u>referral</u> to see a <u>specialist</u>?</b> | No | You can see the in-network <b><u>specialist</u></b> you choose without permission from this plan. |
|--|----|---|

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common Medical Event   | Services You May Need                            | What You Will Pay  |  | Limitations, Exceptions, & Other Important Information   |
|--|--|--|--|--|
|  |  | Network Provider<br>(You will pay the least)   | Out-of-Network Provider<br>(You will pay the most) |  |
| <b>If you visit a health care <u>provider's</u> office or clinic</b> | Primary care visit to treat an injury or illness | First 3 visits (any combination of PCP, specialist, allergy, second opinion, ABA treatment, BH/SA) in a year covered before the deductible with a \$50 copay applying, then \$50 copay after deductible. | Not covered  | First 3 visit limit not subject to deductible is combined, with no more than three total visits being exempt from deductible         |
|  | <u>Specialist</u> visit                          | First 3 visits (any combination of PCP, specialist, allergy, second opinion, ABA treatment, BH/SA) in a year covered before the deductible with a \$75 copay applying, then \$75 copay after deductible. | Not covered  | First 3 visit limit not subject to deductible is combined, with no more than three total visits being exempt from deductible         |
|  | <u>Preventive care/screening/immunization</u>    | No charge  | Not covered  | No cost-sharing applies for services provided according to the guidelines outlined in section 2713 of the Affordable Care Act (ACA). |
| <b>If you have a test</b>  | <u>Diagnostic test</u> (x-ray, blood work)       | 50% Coinsurance after deductible   | Not covered  | Prior authorization required for diagnostic radiology except x-ray.  |

| Common Medical Event  | Services You May Need                          | What You Will Pay   |  | Limitations, Exceptions, & Other Important Information   |
|---|--|---|--|--|
|   |  | Network Provider<br>(You will pay the least)  | Out-of-Network Provider<br>(You will pay the most) |  |
|   | Imaging (CT/PET scans, MRIs)                   | 50% Coinsurance after deductible  | Not covered  | Prior authorization is required for certain blood work and diagnostic imaging except x-ray.  |
| <b>If you need drugs to treat your illness or condition</b><br>More information about <b><u>prescription drug coverage</u></b> is available at <a href="http://www.fideliscare.org">www.fideliscare.org</a> | Generic drugs                                  | \$10 copay after deductible/prescription (retail), \$25 copay after deductible/prescription (mail order)    | Not covered  | Covers up to 30 day supply at retail and up to 90 day supply through mail order. Prior authorization/step therapy may be required. Covered through CVS/Caremark. For questions, please call: 1-888-FIDELIS (1-888-343-3547)<br><br>Retail: 30 day supply<br>Mail Order: 90 day supply<br><br>Diabetic medication and supplies are subject to the primary care provider cost-sharing. |
|   | Preferred brand drugs                          | \$35 copay after deductible/prescription (retail), \$87.50 copay after deductible/prescription (mail order) | Not covered  |  |
|   | Non-preferred brand drugs                      | \$70 copay after deductible/prescription (retail), \$175 copay after deductible/prescription (mail order)   | Not covered  |  |
|   | <u>Specialty drugs</u>                         | \$70 copay after deductible/prescription (retail)   | Not covered  |  |
| <b>If you have outpatient surgery</b>   | Facility fee (e.g., ambulatory surgery center) | 50% Coinsurance after deductible  | Not covered  | Prior authorization is required.   |
|   | Physician/surgeon fees                         | 50% Coinsurance after deductible  | Not covered  | Prior authorization is required.   |
| <b>If you need immediate medical attention</b>  | <u>Emergency room care</u>                     | 50% Coinsurance after deductible  | 50% Coinsurance after deductible                   | None.  |
|   | <u>Emergency medical transportation</u>        | 50% Coinsurance after deductible  | 50% Coinsurance after deductible                   | None.  |

| Common Medical Event   | Services You May Need                     | What You Will Pay  |  | Limitations, Exceptions, & Other Important Information   |
|--|---|--|--|--|
|  |   | Network Provider<br>(You will pay the least)   | Out-of-Network Provider<br>(You will pay the most) |  |
|  | <u>Urgent care</u>                        | 50% Coinsurance after deductible   | Not covered  | None.  |
| If you have a hospital stay  | Facility fee (e.g., hospital room)        | 50% Coinsurance after deductible   | Not covered  | Prior authorization is required for elective hospitalizations.   |
|  | Physician/surgeon fees                    | 50% Coinsurance after deductible   | Not covered  | Prior authorization is required for elective hospitalizations.   |
| If you need mental health, behavioral health, or substance abuse services  | Outpatient services                       | First 3 visits (any combination of PCP, specialist, allergy, second opinion, ABA treatment, BH/SA) in a year covered before the deductible with a \$50 copay applying, then \$50 copay after deductible. | Not covered  | First 3 visit limit not subject to deductible is combined, with no more than three total visits being exempt from deductible |
|  | Inpatient services                        | 50% Coinsurance after deductible   | Not covered  | Prior authorization is required except for emergency admissions.   |
| If you are pregnant  | Office visits                             | 50% Coinsurance after deductible   | Not covered  | None.  |
|  | Childbirth/delivery professional services | 50% Coinsurance after deductible   | Not covered  | Prior authorization is required.   |
|  | Childbirth/delivery facility services     | 50% Coinsurance after deductible   | Not covered  | Prior authorization is required.   |
| If you need help recovering or have other special health needs<br><br>If you need help recovering or have other special health needs | <u>Home health care</u>                   | 50% Coinsurance after deductible   | Not covered  | Up to 40 home health care visits are covered per condition per year.   |
|  | <u>Rehabilitation services</u>            | \$50 copay after deductible  | Not covered  | Up to 60 visits are covered per condition per year.  |
|  | <u>Habilitation services</u>              | \$50 copay after deductible  | Not covered  | Up to 60 visits are covered per condition per year.  |
|  | <u>Skilled nursing care</u>               | 50% Coinsurance after deductible   | Not covered  | Up to 200 days are covered per year.   |
|  | <u>Durable medical equipment</u>          | 50% Coinsurance after deductible   | Not covered  | Repairs and replacements are covered when necessary due to normal wear   |

| Common Medical Event                   | Services You May Need      | What You Will Pay                            |  | Limitations, Exceptions, & Other Important Information   |
|--|----------------------------|--|--|--|
|  |                            | Network Provider<br>(You will pay the least) | Out-of-Network Provider<br>(You will pay the most) |  |
|  |                            |  |  | and tear. Repairs and replacements that result from misuse or abuse are not covered.   |
|  | <u>Hospice services</u>    | 50% Coinsurance after deductible             | Not covered  | Prior authorization required. Up to 210 days covered / year. Inpatient hospice is subject to inpatient hospital cost-sharing.  |
| If your child needs dental or eye care | Children's eye exam        | 50% Coinsurance after deductible             | Not covered  | 1 per 12-month period for children under the age of 19.<br>If you have questions, please call Davis Vision at: 1-800-999-5431  |
|  | Children's glasses         | 50% Coinsurance after deductible             | Not covered  | Eyewear coinsurance applies to the combined cost of lenses and frame, also applies to contact lenses – Limits may apply. Covered for children under the age of 19.<br>If you have questions, please call Davis Vision at: 1-800-999-5431 |
|  | Children's dental check-up | 50% Coinsurance after deductible             | Not covered  | 1 per 6-month period for children under the age of 19.<br>If you have questions, please call Dentaquest at: 1-800-516-9615   |

#### Excluded Services & Other Covered Services:

| Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) |                               |                            |  |
|---|-------------------------------|----------------------------|--|
| • Cosmetic surgery  | • Private duty nursing        | • Long-term care           |  |
| • Routine foot care   | • Routine dental care (adult) | • Routine eye care (adult) |  |

| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.) |  |
|---|--|
| • Chiropractic care   |  |
| • Fitness center reimbursement  |  |

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

Department of Financial Service  
Consumer Assistance Unit  
One Commerce Plaza  
Albany, New York 12257  
Fax: (212) 480-6282

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, contact: Fidelis Member Services at 1-888-FIDELIS, or visit [www.nystateofhealth.ny.gov](http://www.nystateofhealth.ny.gov) or call 1-855-355-5777.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

New York State Department of Health  
Office of Health Insurance Programs  
Bureau of Consumer Services – Complaint Unit  
Corning Tower – OCP Room 1609  
Albany, NY 12237  
E-mail: [managedcarecomplaint@health.ny.gov](mailto:managedcarecomplaint@health.ny.gov)  
Website: [www.health.ny.gov](http://www.health.ny.gov)  
1-800-206-8125

New York State Department of Financial Services  
Consumer Assistance Unit  
One Commerce Plaza  
Albany, NY 12257  
Website: [www.dfs.ny.gov](http://www.dfs.ny.gov)  
1-800-342-3736

If You need assistance filing a Grievance or Appeal, You may also contact the state independent Consumer Assistance Program at:  
Community Health Advocates  
633 Third Avenue, 10th Floor  
New York, NY 10017  
Or call toll free: 1-888-614-5400, or e-mail [cha@cssny.org](mailto:cha@cssny.org)

Website: [www.communityhealthadvocates.org](http://www.communityhealthadvocates.org)

**Does this plan provide Minimum Essential Coverage? Yes**

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet the Minimum Value Standards? Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-FIDELIS (1-888-343-3547)

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-FIDELIS (1-888-343-3547)

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-FIDELIS (1-888-343-3547)

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-888-FIDELIS (1-888-343-3547)

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*—————

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

|   |         |
|---|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$4,700 |
| ■ <u>Specialist</u> copayment                 | \$75    |
| ■ Hospital (facility) coinsurance             | 50%     |
| ■ Other coinsurance                           | 50%     |

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

|                           |                 |
|---------------------------|-----------------|
| <b>Total Example Cost</b> | <b>\$13,255</b> |
|---------------------------|-----------------|

#### In this example, Peg would pay:

| Cost Sharing                      |                |
|-----------------------------------|----------------|
| Deductibles                       | \$2,023        |
| Copayments                        | \$850          |
| Coinsurance                       | \$5,677        |
| What isn't covered                |                |
| Limits or exclusions              | \$60           |
| <b>The total Peg would pay is</b> | <b>\$8,610</b> |

### Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

|   |         |
|---|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$4,700 |
| ■ <u>Specialist</u> copayment                 | \$75    |
| ■ Hospital (facility) coinsurance             | 50%     |
| ■ Other coinsurance                           | 50%     |

#### This EXAMPLE event includes services like:

Primary care physician office visits  
 (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$8,066</b> |
|---------------------------|----------------|

#### In this example, Joe would pay:

| Cost Sharing                      |                |
|-----------------------------------|----------------|
| Deductibles                       | \$4,700        |
| Copayments                        | \$2,115        |
| Coinsurance                       | \$864          |
| What isn't covered                |                |
| Limits or exclusions              | \$55           |
| <b>The total Joe would pay is</b> | <b>\$7,734</b> |

### Mia's Simple Fracture (in-network emergency room visit and follow up care)

|   |         |
|---|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$4,700 |
| ■ <u>Specialist</u> copayment                 | \$75    |
| ■ Hospital (facility) coinsurance             | 50%     |
| ■ Other coinsurance                           | 50%     |

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$1,936</b> |
|---------------------------|----------------|

#### In this example, Mia would pay:

| Cost Sharing                      |                |
|-----------------------------------|----------------|
| Deductibles                       | \$818          |
| Copayments                        | \$425          |
| Coinsurance                       | \$693          |
| What isn't covered                |                |
| Limits or exclusions              | \$0            |
| <b>The total Mia would pay is</b> | <b>\$1,936</b> |

The plan would be responsible for the other costs of these EXAMPLE covered services.